



MAY

2021

Ser Ninos PreK-8 Grade In-School Breakfast Menu



m

Blueberry Muffin
Fresh Apples
1% or FF Milk

3.

t

Cinnamon Toast Crunch Bar
Whole Banana
Apple Juice
1% or FF Milk

4.

w

Strawberry Yogurt & Granola
Diced Peaches
Apple Juice
1% or FF Milk

5.

th

Graham Crackers & String
Cheese
Whole Banana
Apple Juice
1% or FF Milk

6.

f

Trix Cereal
Watermelon (1/2c)
Apple Juice
1% or FF Milk

7.

10.

Blueberry Muffin
Fresh Apples
1% or FF Milk

11.

Cinnamon Toast Crunch Bar
Whole Banana
Apple Juice
1% or FF Milk

12.

Strawberry Yogurt & Granola
Diced Peaches
Apple Juice
1% or FF Milk

13.

Graham Crackers & String
Cheese
Whole Banana
Apple Juice
1% or FF Milk

14.

Trix Cereal
Watermelon (1/2c)
Apple Juice
1% or FF Milk

17.

Blueberry Muffin
Fresh Apples
1% or FF Milk

18.

Cinnamon Toast Crunch Bar
Whole Banana
Apple Juice
1% or FF Milk

19.

Strawberry Yogurt & Granola
Diced Peaches
Apple Juice
1% or FF Milk

20.

Graham Crackers & String
Cheese
Whole Banana
Apple Juice
1% or FF Milk

21.

Trix Cereal
Watermelon (1/2c)
Apple Juice
1% or FF Milk

24.

Blueberry Muffin
Fresh Apples
1% or FF Milk

25.

Cinnamon Toast Crunch Bar
Whole Banana
Apple Juice
1% or FF Milk

26.

Strawberry Yogurt & Granola
Diced Peaches
Apple Juice
1% or FF Milk

27.

Graham Crackers & String
Cheese
Whole Banana
Apple Juice
1% or FF Milk

28.

Trix Cereal
Watermelon (1/2c)
Apple Juice
1% or FF Milk

Closed

31.

Special Announcements:

Have a safe Memorial Day!!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



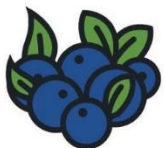
Updated 01/2020
www.SquareMeals.org



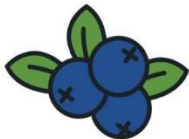
BERRY BLAST OFF

The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org